

Name: Uma Parameswaran

Email Address: umaparameswaran301@gmail.com

Contact Number: 8921965939

Professional Title/Occupation : Certified Therapeutic Play Practitioner for the Differently Abled

Organisation :

Address of Organization/Practice: Kochi

Professional Qualifications:

Bsc Psychology, MA Applied Psychology, Mphil Clinical Psychology

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled(Children and Adults)

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice Yes

Ages catered for: I work with both children and adults.

Services offered:

Individual psychotherapy, Play therapy(individual) cater needs -special needs , emotional issues, behavioral issues

Personal Profile:

I am a trauma informed clinical psychologist working in Cochin. I do see both adult and children in both online and in person. I do provide individual psychotherapy sessions for anxiety disorders, mood disorders and behavioral issues. I incorporate the play therapy principles and techniques to my individual sessions.