

Name: Ms. Shreyashi Saha

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Contact Number : 9674081488 , 8961176353

Professional Title/Occupation: Certified Therapeutic Play Practitioner for the Differently Abled

Organisation: Healing Minds

Address of Organisation/Practice: AL, 217 AL Block Sector 2, Salt Lake. North 24 Parganas

Professional Qualifications: M.Sc in Psychology

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled

Details of any other relevant qualifications/courses taken in the field: CBT Practitioner

Currently undergoing supervision in current practice: Yes

Ages catered for: 3 years - 17 years

Services offered: Play Therapy, Counselling, Social Skills, Emotional Issues, Social Needs

Personal Profile:

I generally deal with children with special need, age 3-17 years. I work with emotional issues, social skill development through play therapy and counselling. I generally use various play therapy techniques like bubble game for eye contact, musics for awareness of environment, movements for motor behavior, pretend play for relate with self, puzzle for cognition to develop a holistic understanding about self and the environment of the client. These techniques also preferred by the client and empower themselves.