

**Name:** Mrs. Ritambhara Jolly

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**Contact Number :** +91 9819801239

**Professional Title/Occupation:** Counselling Psychologist

**Organisation:** Armonia

**Address of Organisation/Practice:** 9th Road, JVPD Scheme, Mumbai 400049

**Professional Qualifications:**

Masters in Psychology, Diploma in School Counselling

**Courses undertaken in Play Therapy:**

Play Therapy Level 1

**Details of any other relevant qualifications/courses taken in the field:**

Brain Gym, Graphology, Yoga, Neurolinguistic Programming

**Currently undergoing supervision in current practice:** No

**Ages catered for:** Children and Adults

**Services offered:**

Services offered are Counselling - Individual Sessions. Needs catered to are: Emotional issues, behavioural problems, disorders and interpersonal conflicts.

**Personal Profile:**

I am a counselling psychologist practicing since 2013. I facilitate therapeutic sessions and conduct various psychological assessments for children as well as adults at my centre Armonia, which is located in Juhu.

I have been associated with Sharnam Therapy and Healing, a counselling center and have worked with an esteemed school in Mumbai for 3 years wherein Play Therapy techniques were an integral part of my work. I have also conducted a program for Dove, which focuses on enhancing self-esteem of young girls at various schools across Mumbai.

My expertise is in working with children wherein I use Play Therapy techniques as a part of my therapeutic sessions and have a dedicated section at Armonia for the same.