

Name: Padma N

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Contact Number: 9497517576

Professional Title/ Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled

Organisation:

Address of Organization/Practice: Trivandrum

Professional Qualifications:

BSc Psychology, MSc Clinical Psychology, Certification course in Art therapy,
Certified Therapeutic Play Practitioner for the Differently Abled

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled

Other relevant courses taken in the Field:

Certification course in Art therapy

Currently undergoing supervision in current practice: Yes

Ages catered for: 2.5-7 years

Services offered:

Cognitive training, Social skills training, Play therapy, Behavior therapy, Individualized Education Plan based curriculum

Personal Profile:

I am a Psychologist with over 1.5 years of hands-on experience working with children on the autism spectrum in a special education setting. My current role as a psychologist at an autism school involves designing and delivering individualized therapeutic interventions, conducting assessments, supporting behavior management, and working closely with parents and multidisciplinary teams.

My therapeutic style is child-centered, with a strong emphasis on building rapport and trust. Completing the certification course in Play Therapy from the National Association for Play Therapy India has significantly enhanced my ability to engage with differently abled children in

meaningful and developmentally appropriate ways. I have found play to be a powerful tool for communication, emotional expression, and sensory regulation—particularly for children with limited verbal abilities.

I actively integrate play therapy techniques such as symbolic play, sensory play, pretend play into my sessions to foster social interaction, reduce anxiety, and promote autonomy and emotional expression. Play allows me to enter the child's world on their terms, helping them feel seen, heard, and safe.

With a strong belief in the therapeutic power of play, I aim to continue using and refining these techniques to support the holistic development of Neurodivergent children, while also advocating for more inclusive and creative approaches in clinical settings.