

**Name:** Sonali Jain

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**Contact Number:** +91 7087565261

**Professional Title/Occupation:** Psychological Counselor

**Organisation:**

**Address of Organisation/Practice:** Bengaluru

**Professional Qualifications:** Msc. Psychological Counselling and Diploma in counselling

**Courses undertaken in Play Therapy:**

Play Therapy for Children with Special Needs (ongoing)

Play Therapy as a Counselling Tool (ongoing)

**Details of any other relevant qualifications/courses taken in the field:**

Child Psychology Certification (New Skill Academy) and

Certified Learning Disability Practitioner.

**Currently undergoing supervision in current practice:** Yes

**Ages catered for:** 3-16 years

**Services offered:**

I facilitate comprehensive intervention using Psychological Counselling techniques which include play therapy, behavior therapy and intervention plan for children with learning disability. I provide one-to-one individual session to children with special needs, abuse, to enhance social skills and communication and also to facilitate emotional regulation and behavioral problems.

**Personal Profile:**

I am counselling psychologist, specialized in child psychology, behavior therapy, learning disability and play therapy. I work closely with parents to offer a comprehensive analysis of behavioral-emotional difficulties that hinder the child's social well-being. I also include play therapy as it facilitates children overcome behavioral, emotional and social issues. I facilitate free play in therapy session which provides me in depth understanding about child's development and as per the requirement I plan intervention strategies for children to provide holistic development. I also focus on dealing with behavioral issue by using principles of behavior therapy and collaborate it with play therapy.