

Name: Mrs. Nithya Sriram

Email Address: nithya@gyandeep.net

Contact Number : 9884871289

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled

Organisation: Gyandeep

Address of Organisation/Practice:

Gyandeep Educational Services, Pleasant Apartments, Ground floor, Taylor's Road, Chennai 10

Professional Qualifications:

Masters in Psychology, Research Scholar in Psychology

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled

Details of any other relevant qualifications/courses taken in the field:

Special Needs Learner Facilitator

Currently undergoing supervision in current practice: Yes

Ages catered for: 5+

Services offered:

Counselling, Psychotherapy, Educational counselling.

Personal Profile:

Nithya Sriram is a seasoned Educational Psychologist, Inclusion facilitator and specialist with over 15 years of dedicated experience working with individuals on the autism spectrum, those with special learning needs, and adolescents seeking academic enhancement. Her practice spans diverse cultural contexts, having supported clients across the globe, enabling them to build confidence, resilience, and the skills needed to thrive both academically and personally.

With a strong foundation in evidence-based interventions, Nithya is known for her ability to create structured yet compassionate learning environments that honour each individual's unique strengths.

Her approach integrates cognitive, behavioural, and developmental principles, ensuring that every learning plan is holistic, personalised, and outcomes-driven.

As she continues to evolve her practice, Nithya is now integrating Play Therapy as a core modality, recognising its profound ability to foster emotional expression, social communication, and cognitive growth—particularly in children and adolescents who may communicate most naturally through play. This integration allows her to create therapeutic spaces that are not only effective, but also engaging, imaginative, and deeply attuned to the child's inner world.

Driven by empathy and guided by expertise, Nithya remains committed to empowering young people and their families with clarity, capability, and hope.