

Name: Ms. Florence PP

Email Address: florencecmc9@gmail.com

Contact Number : 7439768469

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled

Organisation: Counselling Centre

Address of Organisation/Practice:

Jyothis Bhavan: A Centre for the Inward Journey, Model Engineering College Road, NGO Quarters, Thrikkakara, Kerala, India, Pin:682021

Professional Qualifications:

BA Psychology, MSc Counselling Psychology, PG Diploma in Psychiatric Counselling, Advanced EFT Certified, Trainee Psychoanalyst

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled
Play Therapy as a Counselling Tool (ongoing)

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: Yes

Ages catered for: 6yrs- 65yrs

Services offered:

Counselling, Play Therapy, Advanced Emotional Freedom Technique for individuals and occasionally for groups. I work with trauma, emotional issues, behavioural problems and other issues based on client's needs.

Personal Profile:

Dedicated mental health professional with an M.Sc. in Counselling Psychology and currently undergoing training in psychoanalysis, with a strong interest in understanding human emotions, relationships, and inner transformation. Certified as an Advanced EFT (Emotional Freedom Techniques) Practitioner and as a Play Therapist for differently abled children, bringing an integrative and compassionate approach to therapeutic practice. Experienced in supporting individuals with emotional, behavioural, and developmental challenges through empathetic, client-centred care.

Passionate about creating a safe, inclusive, and non-judgmental space where clients feel heard, understood, and empowered in their healing journey. Combines evidence-based counselling methods with holistic therapeutic techniques to promote emotional resilience, self-awareness, and personal growth. Particularly interested in child mental health, emotional regulation, trauma-informed care, and psychoanalytic understanding of human behaviour. Committed to continuous learning and professional development, with the goal of helping individuals and families build healthier emotional connections and improve overall well-being. Believes in the transformative power of therapy to foster insight, healing, confidence, and meaningful change in people's lives across different stages of development.