

**Name:** Suparna Chakravarti

**Email Address:** suparnacs21@gmail.com

**Contact Number:** +919819012299

**Professional Title/ Occupation:**

Certified Therapeutic Play Practitioner for the Differently Abled  
Expressive Arts Therapy Practitioner (ExAT-P)

**Organisation:** Part-Time at Dilkhush Special School

**Address of Organization/Practice:**

Dilkhush Special School, Juhu Tara Road, Juhu, Mumbai- 400049

**Professional Qualifications:**

P.G. Diploma in Expressive Arts Therapy (St. Xavier's College, 2022),

Diploma in Narrative Practices Nepal (NPI collective, 2023)

**Courses undertaken in Play Therapy:**

Certified Therapeutic Play Practitioner for the Differently Abled

**Details of any other relevant qualifications/courses taken in the field:**

Intensive Course in Art Therapy workshop by Dr. Jonathan Isserow (The Secret Ingredient, Pune)

**Currently undergoing supervision in current practice:** Yes

**Ages catered for:** Children and Adolescents (5-18 yrs)

**Services offered:**

Expressive Arts Therapy- Individual sessions (Social- Emotional skills, Special Needs, Exploration and Self-Expression , Well-being and Development)

**Personal Profile:**

Suparna advocates for the therapeutic potential of Creative Arts, Play, and Narrative Practices. Employing a person-centered and process-focused approach, they create supportive spaces that foster individual learning, expression, and overall well-being. Currently focused on aiding children's learning and skill development, Suparna has experience working online with diverse groups, ranging from young adults to the elderly. As a student trainee, she utilized the arts to facilitate exploration, self-understanding, and skill development. Suparna has volunteered in facilitating Social-Emotional learning sessions for adolescents, both in group and individual settings.