

Name: Sandhana Kumari Arumugam

Email Address: sandhanaarumugam@gmail.com

Contact Number : 8939195919

Professional Title/Occupation: Educationist

Organisation: Freelancer

Address of Organization/Practice: Freelance - India - Chennai

Professional Qualifications: B.Sc.; M.B.A; Diploma in Montessori

Courses undertaken in Play Therapy:

Play Therapy as a Counselling Tool (ongoing)

Bachelor in Education (ongoing)

Details of any other relevant qualifications/courses taken in the field:

Certificate Courses - Child psychology advance level

Understanding the impact of trauma in early childhood

Neuroscience for parents - How to raise amazing kids

Master your brain - Neuroscience for personal development

Teen discipline for parents

People Management

Leaders of learning

Babies in mind

Teaching for success - the classroom and the world

Becoming a better teacher

Currently undergoing supervision in current practice: No

Ages catered for:

Children 1 year to 14 years . Adults - Parents / Teachers , In some cases, Grandparents .

Services offered:

I have had the opportunity to help special children through the course of my career using Play , Games (teacher aided and free play) . In many cases i address the parents and teachers too . I have helped parents understand the special need of their toddlers and have directed them to the right medical counsellors for support . Weaning children out of gadgets and bringing the first step (eye contact) possible through play and loads of other activities . according to me loads of Love ,

understanding and giving the right kind of time to a child would help them through all kinds of needs and trauma .

Personal Profile:

FOUNDER of a pre school in Chennai . Through my school and being a freelance educationist I have had the opportunity to interact and counsel teachers and parents and in some cases school management . Have been using play as my primary mode of teaching and therapy the last 18 years. My students and teachers stand apart in any group . Without the theoretical knowledge of play therapy i have been applying the science. Through which I have bought about amazing changes in the lives of more than 2000 children (both normal and special), 100's parents and teachers. I use theatre , play(Indoor and Outdoor) , music and creative art forms through workshops , panel discussions and speeches to give a complete understanding about children and multiple intelligence .

I have also conducted workshops and had been an active panel member in the discussion on gaming and addiction .