

Name: Ms. Delrina Mohta

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Professional Title/Occupation: Psychologist, Mental Health Professional

Organisation:

Address of Organization/Practice:

Professional Qualifications: Master of Arts in Clinical Psychology

Courses undertaken in Play Therapy:

Play Therapy as a Counselling Tool
and Play Therapy Skills (Ongoing)

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: No

Ages catered for: Children as well as adolescents (3-15 years)

Services offered:

Psycho-education for special needs; Individual counselling sessions for behavioural and emotional issues Group workshops on social emotional development; Dance workshops as a way to channelize emotions in a healthy manner

Personal Profile:

I am a psychologist with a masters in clinical psychology. I have an experience of working with children, adolescents as well as adults in various clinical setups. I have facilitated SEL group workshops for middle school children and their parents. Additionally, I have also worked with special needs children and their caregivers.

I have a passion for dance and am a professionally trained dancer. I had started a new venture to spread dance and movement. I wish to combine both, my skills as well as my dance talent in order to make a small difference in the mental health field. Dance being a powerful tool for self-expression, it can be used as a medium for healing not only for individuals but also for groups, teams and communities.