

**Name:** Sakshi Saggi

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**Contact Number :** +919930927317

**Professional Title/Occupation:** Psychologist/ Therapist

**Organisation:** Self Employed

**Address of Organisation/Practice:**

A-1402, Dheeraj residency, Link Road, Goregaon west, Mumbai 400104

**Professional Qualifications:**

Masters in Psychology, Post graduate diploma in Pre-primary teachers training

**Courses undertaken in Play Therapy:**

Play Therapy for Children with Special Needs (Completed)

Play Therapy Skills - Special Needs Children (Ongoing)

**Details of any other relevant qualifications/courses taken in the field:**

Diploma in CBT, Certificate in Positive psychology, Certificate in Personal counseling, Certificate in children with special needs, Certificate in Supporting children with difficulties in reading and writing, Certificate in psychological first aid, Certificate in motivational interviewing

**Currently undergoing supervision in current practice:** No

**Ages catered for:** Children and adolescents

**Services offered:**

Learning difficulties, attention deficits, behavioral issues, counseling, parental guidance, play therapy.

**Personal Profile:**

Childhood is fundamentally of prime importance in the development of a balanced human being. Children blossom in adolescents, face developmental stages with their own levels of adjustment. Helping children and adolescents navigate these wonderful stages and become stable adults, is my field of work. Educating, assisting and empowering them to understand their own personalities and the environment they live in, is the mainstay of my expertise. Using diverse methods and a comprehensive plan, together we work towards our goal of overcoming the difficulties, anxieties, road blocks or illnesses that they may face and grow into balanced, self actualizing adults.