

Name: Ms Akanksha Chandele

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Contact Number : 9891661375 / 8920715913

Professional Title/Occupation: Counselling Psychologist & Trainer

Organisation: I Am

Address of Organisation/Practice:

Noida, Uttar Pradesh;

Defence Colony, New Delhi ;

Professional Qualifications:

MA Counselling Psychology

PG Diploma in Arts Based Therapy

Courses undertaken in Play Therapy: Play Therapy Level 1

Details of any other relevant qualifications/courses taken in the field:

Access Bars

Certificate in EMDR Part 1 & 2

Certificate in Foundation course in Family Therapy

Certificate in Child & Adolescent Mental Health

Certificate course on Dance Movement Psychotherapy

Certificate course in Cognitive Behaviour Therapy

Level 1 - Cognitive Hypnotherapy

Currently undergoing supervision in current practice: No

Ages catered for: All age groups

Services offered:

Using play as a therapeutic tool

Relationship counselling

Trauma Counselling

Emotional and Psychological concerns

Using arts based modalities

Training programs for schools and NGOs

Personal Profile:

Akanksha Chandele, a counselling psychologist, is actively engaged in the field of child, adolescent and adult mental wellbeing for several years. Chandele is a certified practitioner of Arts Based Therapy, Trauma counselling, basic level hypnotherapy, cognitive behaviour therapy and play therapy. She is also trained in Family therapy and has established herself as a successful relationship counsellor. She is one of the very few professionals dealing with the LGBT population, both as a counsellor and an ally for spreading awareness. In the capacity of a mental health advocate, she has been empaneled as a trainer with several organizations in the NCR region. She has flourished as a content developer with manuals on teacher capacity building, life skills education, and more. With a deep inclination to work for the mental wellbeing of the marginalized population, Chandele has spearheaded several therapeutic and rehabilitation projects at various NGOs and schools.