

Name: Preeti Somani

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Contact Number : 09899981217

Professional Title/Occupation: Play Therapist

Organisation:

Address of Organisation/Practice: Delhi

Professional Qualifications:

Masters degree in clinical psychology

Montessori trained

Courses undertaken in Play Therapy:

Play Therapy for Children with Special Needs - completed

Play Therapy Skills (Special Needs) - completed

Play Therapy as a Counselling Tool (ongoing)

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice:

Under my mentor Lucy Bowen, playtherapist for the National Association for Play Therapy India

Ages catered for: Children (3 to 11 years)

Services offered:

Play therapy for:-

developmental delays

trauma

insecure attachment patterns

parental divorce

anxiety

low self esteem

Personal Profile:

I have been working with children for more than 15 years. I am a trained Montessorian and worked as a classteacher at the Magic Years School (preschool) for several years.

I have successfully undertaken playtherapy sessions at Tamanna and Kria for special needs children. I have successfully completed an internship at Vimhans Niyati hospital at lajpatnagar.

It is my desire and endeavour to bring a smile to as many children as i can, co-construct a vision of their preferred future and help achieve it by focussing on their strengths and abilities.

I work on the Rogerian principles of client centred therapy. It is based on the humanistic philosophy of psychotherapy that considers the child to be a pure soul capable of healing himself in an environment that is non-judgmental, empathetic and playful that allows him to experience himself as a positive being so that he can achieve a state of congruence.