

**Name:** Boski Sharma

**Email Address:** boskisharma.sped@gmail.com

**Contact Number :** 9990366225

**Professional Title/Occupation:** Certified Therapeutic Play Practitioner for the Differently Abled

**Organisation:** Delhi Public School, Vasant Kunj

**Address of Organisation/Practice:** Delhi Public School, Vasant Kunj

**Professional Qualifications:** Post Graduate Diploma in Special Education

**Courses undertaken in Play Therapy:**

Certified Therapeutic Play Practitioner for the Differently Abled  
Play Therapy as a Counselling Tool (ongoing)

**Details of any other relevant qualifications/courses taken in the field:**

**Currently undergoing supervision in current practice:** No

**Ages catered for:** All age groups

**Services offered:**

Play Therapy, Special Education, Counselling, Individual and Group sessions

**Personal Profile:**

I am a dedicated special education professional with a strong commitment to supporting the holistic development of children with diverse learning needs. With several years of experience working in both inclusive and specialized settings, I have had the privilege of working closely with children diagnosed with autism spectrum disorder, ADHD, learning disabilities, and emotional and behavioral challenges. My approach is centered on creating a safe, supportive, and structured environment that fosters trust, growth, and self-expression.

In my practice, I integrate Play Therapy as a core component of intervention, recognizing its profound impact on emotional regulation, communication, and social development. Through child-centered and non-directive play, I provide students with opportunities to express themselves in ways that are developmentally appropriate and emotionally meaningful. Whether through role-play, art, sand tray, or storytelling, Play Therapy allows me to understand each child's inner world and tailor support strategies to their unique needs.

Play Therapy also serves as a bridge to academic and behavioral goals, helping children process experiences, build resilience, and develop the skills needed for learning and social interaction. By combining therapeutic play with evidence-based educational strategies, I am able to address both the emotional and cognitive aspects of a child's development, leading to more integrated and lasting outcomes

My practice is guided by empathy, patience, and an unwavering belief in every child's potential to thrive.