Name: Shruthi Murali

Email Address: mx.shruthi@gmail.com

**Contact Number**: 9643695225

Professional Title/ Occupation: Certified Therapeutic Play Practitioner for the Differently Abled

Organisation:

Address of Organization/Practice: Bangalore

**Professional Qualifications:** 

MA Psychology (Ongoing), MBA

**Courses undertaken in Play Therapy:** 

Certified Therapeutic Play Practitioner for the Differently Abled

**Currently undergoing supervision in current practice:** Yes

Ages catered for: Children & Adolescent

**Services offered:** 

Play therapy, counselling, parent coaching and resources for children and adolescents with trauma, abuse, developmental disabilities, autism/ADHD, neurodivergence, emotional and

behavioural issues, emotional dysregulation and other disabilities

**Personal Profile:** 

where needed.

I work with a child-centred, gentle and empathetic approach. My goal is to facilitate and support the child's happiness, independence, identity, self-confidence and formation of social relationships through the play space. I provide a safe and encouraging space for children and help them navigate their challenges and issues, moving towards healing and growth. I engage with parents to help them support their child's development and manage the child's issues outside the play space. I also provide referrals to other services (including vocational training, other therapies, etc.) as necessary, and support transitions and work with other practitioners