

Name: Vedala Vainavi

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Contact Number: 9515115186

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled

Organisation:

Address of Organisation/Practice: Hyderabad, Telangana

Professional Qualifications:

Master of Science (M.Sc.) in Applied Child Psychology

Bachelor of Arts (B.A.) in Psychology

Diploma in Cognitive Behaviour Therapy

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled (NAPTI)

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: No

Ages catered for:

During my internship, I worked with children between the ages of 4 and 15 years.

Services offered:

Personal Profile:

My name is Vainavi Vedala, and I recently completed my Master's degree in Applied Child Psychology. I am passionate about working with children and supporting their emotional, behavioural, and developmental wellbeing. I have a particular interest in understanding children's unique needs and helping them reach their full potential through evidence-based and child-friendly therapeutic approaches.

As part of my professional training, I completed an internship at a hospital that provides services for children with special needs, including children with ADHD, Autism Spectrum Disorder, and other developmental concerns.

During my internship, I was involved in behaviour modification sessions, counselling, parent guidance, and therapeutic activities designed to support children's social, emotional, and behavioural growth. This experience helped me understand the importance of building a strong therapeutic relationship with children through play and child-centred interactions.

I have integrated principles of Play Therapy into my work by using play-based activities to engage children, encourage emotional expression, improve communication, and support behavioural goals. With children with ADHD and Autism, I found that play provided a safe and comfortable way for them to express themselves, develop social skills, and participate actively in therapy. Through structured and unstructured play activities, I was able to better understand each child's needs and tailor interventions accordingly.

My experiences have reinforced my belief in the value of Play Therapy as an effective and developmentally appropriate approach for supporting children's wellbeing and growth.