

Name: Babitha Riyas

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Contact Number : 9048593474 / 9847953474

Professional Title/Occupation: Consultant Psychologist

Organisation: PureMinds Counseling and Psychotherapy

Address of Organisation/Practice:

Living Tower, above Canara Bank ,Kolenchery, Ernakulam dist, Kerala

Professional Qualifications:

MSc Nursing
MA in Psychology,
Diploma in Counseling and Psychotherapy.

Courses undertaken in Play Therapy:

Play Therapy as a Counselling Tool (ongoing)

Details of any other relevant qualifications/courses taken in the field:

The Play Therapy Room (Individual Module)

Currently undergoing supervision in current practice: Yes

Ages catered for: Working with adults, children, geriatric

Services offered:

Individual counselling, family and pre and post marital counselling, geriatric support, play therapy, reproductive counselling, parental counselling and adolescent issues, mental health awareness programmes.

Personal Profile:

Myself Babitha Riyas, consultant psychologist, individual and family therapy consultant. I have one year experience in psychiatric medicine in a 100 bedded psychiatric hospital. 2 years of experience in counselling. Providing online and offline counseling services. I have masters in nursing and 5 years of teaching experience. We provide individual counselling and psychotherapy for anxiety, phobias, stress, PTSD, depression, mood disorders etc. Handling cases related to reproductive psychology. I have a play therapy room in my clinic according to the guidelines after completion of play therapy room- individual module.