

Name: Purvi Palvia

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Contact Number : 9004659373

Professional Title/Occupation: Counselling Psychologist

Organisation: BUILDING MINDS

Address of Organisation/Practice:

Matunga Clinic and Hospital - Opposite Amar Petrol Pump, 541/D, Dr Baba Saheb Ambedkar Rd, Matunga (East), Mumbai, Maharashtra 400019

Professional Qualifications: Masters in Counselling Psychology

Courses undertaken in Play Therapy:

PLAY THERAPY AS A COUNSELLING TOOL (ONGOING)

Details of any other relevant qualifications/courses taken in the field:

Rational Emotive Behavioral Therapy(REBT) - Affiliated to Albert Ellis Institute, New York

Currently undergoing supervision in current practice: No

Ages catered for: 4 years - 21years

Services offered:

Building Minds offers - Psychological evaluation, IQ testing, Projective testing, Aptitude testing and Career Guidance, Counselling services for Children, Adolescents & Adults, Parent counselling, Family Therapy sessions and Play Therapy, I conduct individual as well as group sessions, Deal with social, emotional & behavioral problems.

Personal Profile:

Purvi Palvia, has a graduate degree in B.A. in Psychology. from KC College, Mumbai University. Further, holds a Master's Degree in Counselling Psychology, from SNDT University. After being done with the academics, worked in an N.G.O. as a counselling psychologist and interned under psychiatrist Dr. Shefali Batra.

Certified in

-Rational Emotive Behavioral Therapy (REBT), in affiliation to Albert Ellis Institute (New York)

-Play Therapy, National Association of Play Therapy India.

Currently working as a Counsellor in Panbai International School, Mumbai - dealing with kids from elementary school to junior college (Age 4-21). In an effort to do more for the society and grow professionally, started a venture of her own, known as Building Minds.

Play Therapy has helped a lot in dealing with children, both at school and clinic, for issues such as hyperactivity, aggressiveness, depression, anxiety, stress, social, behavioral & emotional issues.