

Name: Japjeet Kaur

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Contact Number : 7087504900

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for Children with Special Needs
Counselling Psychologist
Certified Autism Specialist

Organisation: Balm of Mind

Address of Organisation/Practice: 18c gobind colony, Rajpura, Mohali

Professional Qualifications:

Masters in psychology
Post graduate diploma in guidance and counselling

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for Children with Special Needs
Play Therapy for Children with Special Needs
Play Therapy Skills (Special Needs)
Play Therapy Interventions for Differently Abled Children
Play Therapy as a Counselling Tool
Play Therapy Skills

Details of any other relevant qualifications/courses taken in the field:

Intensive training and evaluation on dynamic counselling therapy
Intensive training and evaluation on life coaching
Intensive training and evaluation on soft skill training

Currently undergoing supervision in current practice: No

Ages catered for: 3 to 12 years

Services offered:

Play therapy, parents counselling, individual counselling sessions for children with special needs, behavioral and emotional problems, social skills and with history or abuse and trauma, counselling for mental health issues (eg. Anxiety, depression, stress), life coaching for daily life problems. Play based individual and group sessions to children with special needs (autism, ADHD, down syndrome, cerebral palsy, intellectual development disorder, learning disabilities) and special counselling for

parents and children with anxiety issues, study fear, and helping parents with coping strategies for special needs children.

Personal Profile:

Being a counselling psychologist, play therapy practitioner and certified Autism Specialist at Balm of Mind (Rajpura & Mohali) I am currently taking online and offline play therapy sessions with children with special needs and providing help to parents for learning and get educated about their child and different coping strategies they can start at home. Along with it I provide counseling services both online and offline for mental health issues and specifically parent counseling. On some days I train people with my classes on soft skill training and life coaching. It's been an opportunity to meet with all the in out and understand their needs and creat an opportunity to express/ share grief.