

Name: Syahrul Zharif (Mr. Zharul)

Email: mr.zharulpsychethrapy7@gmail.com

Contact Number:

Professional Title: Educational Psychologist & Certified Therapeutic Play Practitioner (NAPT)

Organization: Cheeky Kids MY | IMC Special Needs | Special Olympics Putrajaya

Address: Subang Jaya, Selangor

Professional Qualification:

Diploma in Psychology (SEGi)

Bachelor Of Social Sciences With Honors (Psychology) (UKM)—First Class Honor

Master of Education in Educational Psychology (IIUM)

Course Undertaken:

Certified Therapeutic Play Practitioner (Differently Abled)

Details of any other relevant qualifications/courses taken in the field:

- Certified Therapeutic Play Practitioner (Differently Abled – NAPT India)
- Foundation in Forensic Art Therapy (FFAT)
- Master Practitioner AD-HTP & NEO-CBT
- Applied Behavior Analysis (ABA)
- Therapeutic Metaphoric Cards
- Tajma Personality Profiler (TPP5)
- Captain Fitness (Train-the-Trainer)

Currently undergoing supervision in current practice: Yes

Ages catered for:

Children, Adolescents, Adults (Neurodivergent), and individuals with psychological challenges

Services Offered:

Therapeutic Play • ABA • Metaphoric Card Therapy • Forensic Art Therapy • CBT • Art Drawing (House-Tree-Person) • and more

Personal Profile:

Mr. Zharul Therapist

Dip. Psych (SEGi), BSSc Psych (UKM), M.Ed Educational Psych (IIUM)

Areas of interest

- Neurodivergent Individuals (Children, Teens, Adult),
- ADHD,
- Dyslexia,
- William Syndrome,
- Mental Health,
- Forensic Art Therapy,
- Parasports

Mr. Zharul is a passionate and creative therapist specializing in Behavior Therapy, Play Therapy, and Expressive Arts. He holds a Diploma in Psychology from SEGi University, a First-Class Honours Bachelor of Social Sciences in Psychology from UKM, and a Master of Education in Educational Psychology from IIUM.

His academic journey is deeply rooted in research, advocacy, and cross-cultural collaboration. Mr. Zharul currently leads a comparative study between Malaysia and Indonesia, exploring parental perspectives and behavioral patterns in the digital age. This research builds on his prior role as a Research Assistant for Digital Parenting and Child Development at IIUM, and reflects his commitment to culturally sensitive, holistic approaches to neurodivergent care.

In practice since 2019, Mr. Zharul works across special education and therapy settings, including Cheeky Kids MY, IMC Special Needs, and Special Olympics Putrajaya, where he serves as a youth development committee member. He is also a subject matter expert in autism-friendly agriculture, contributing to the PDK-PUTRA initiative at Universiti Putra Malaysia (UPM) a pioneering project that integrates therapeutic principles with sustainable, neurodivergent-friendly farming.

Mr. Zharul's therapeutic style is hands-on, reflective, and data-informed grounded in empathy and creative engagement. His mission is to foster growth, resilience, and meaningful transformation in children, adolescents, and adults through play, art, and behavioral support while advancing inclusive practices that bridge therapy, education, and community empowerment.