

Name: Heena Sahi (MPT PEADS), Special Needs Interventionist

Email Address: heenasahi97@gmail.com

Contact Number : N/A

Professional Title/Occupation:

Pediatric physiotherapist, Special Needs Interventionist , Sensorimotor Art Therapy Facilitator, Play therapist, Remedial Educator and Graphologist

Organisation: “Verbocity” and “BodyMindRewind”

Address of Organisation/Practice:

Teletherapy Services around the Globe only (except Australia and New Zealand)

Professional Qualifications:

Masters in Pediatric Physiotherapy (Gold Medalist)
Certificate in Art Therapy, Bach Flower Therapy, Graphology

Courses undertaken in Play Therapy:

Play Therapy for Children with Special Needs
Pursuing Play Therapy Interventions for Differently Abled Children (by diagnosis)
Interested in Graduate Certificate in Therapeutic Play at Deakin University in 2027

Details of any other relevant qualifications/courses taken in the field:

Fellowship in Pediatric rehabilitation by London academy of sports sciences ,
Diploma in art therapy by renaissance life therapies
Certificate in Dyslexia Therapy Certified Reiki Master and Color Therapy Level 1 Certificate in BACH Flower Therapy
Certificate In NLP
Certificate IV in Education Support (Brisbane Australia) Certificate in Graphology
Diploma in Art Therapy (Health and Harmony Colleges , Queensland , Australia

Currently undergoing supervision in current practice:

Ages catered for: Ages 18 months to adults years

Services offered:

Pediatric physiotherapy, movement therapy, art therapy, language and communication , play therapy, sound healing and color therapy, pediatric yoga , pre- academic , language skills , lifeskills , education support, sandplay therapy, cognitive stimulation programs , sensory integration , NDT , CBT

Personal Profile:

Heena Sahi is a Pediatric physiotherapist and a special needs intervention therapist for past 12 years. She heads her own rehabilitation and remedial services for Pediatric /Adult age group by the name “Verbocity“ and “BodyMindRewind”.

She is a certified Reiki master and also a certified Sensorimotor and Transpersonal Art and Color therapist . She is a BACH flower therapy Level 1 practitioner. She has effectively contributed her professional skills in the society and provided wholesome and exemplary rehabilitation to adults and children in need. She follows her passion to recreate lives of anyone with diverse and additional needs with mental and body blocks. She has been practicing art therapy for past 5 n half years and this is one thing she loves to do for herself too and gives her immense contentment. She says ”I love to work with children this is because of an undying passion and admiration towards them. It has brought me a long way and I have also ventured into co-ed teaching and I w a s a l s o a education and behavioral support for children with unique needs in well known school for 4 years time span. I am quite observant person and this has helped me to intervene young teenage boys and girls to let out their anxious and stressful bubbles through means of art and color therapy skills and experience the mental catharsis. This has also been achieved through my immense knowledge in child mental health and play therapy skills.

To know more please visit these websites:

<https://heenasahi97.wixsite.com/bodymindrewind>

<https://heenasahi.wixsite.com/verbocity>

https://www.psychologyindia.com/therapist/therapist-detail?p_id=MzcwM3w1JCMhfGhlZW5hc2FoaTk3XzM3MDM%3D&name=Heena&state=Haryana

Follow my youtube – Unboxing NeuroDiversity

