

Name: Ms. Nikita Virlley

Email Address: nikitavirley@gmail.com

Contact Number : +917982920598

Professional Title/Occupation: Counselling Psychologist

Organisation: Lotus Valley International School, Noida

Address of Organization/Practice: Sector 126 Noida

Professional Qualifications:

B.A. (Psychology Honours), M.Sc in Psychology (Clinical), B.Ed.

Courses undertaken in Play Therapy:

Completed Level 1 and Level 2 Play Therapy by Emoticons India.

Ongoing Intensive Course in Play Therapy by Emoticons India.

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: Yes

Ages catered for: Children (3 to 8 years)

Services offered:

Counselling, Play therapy and Art based therapy. Individual as well as Group sessions. Sessions for parents on parenting, behaviour management, emotional issues, social skills, special needs, etc.

Personal Profile:

Ms. Nikita Virlley has a BA in Psychology Hons, a B.Ed., and an M.Sc. In Clinical Psychology. She is a counselling psychologist and an educationist with an experience of 5 years in the field of mental health. Her academic excellence strengthened with her nuanced research skills which includes a published paper pertaining to the well-being of military personnel and their families. She has previously worked in a neuropsychiatric facility with adults with various mental health disorders. Currently she is working as a Counsellor at Lotus Valley International School, Noida towards early identification and intervention amongst Pre-Primary and Primary wing children and teaches Psychology to Grade XI. Since the beginning of this pandemic, she has conducted various workshops with different organisations focusing on enhancing one's mental health and well-being in these testing times. She possesses certifications in Play Therapy and also loves using art-based therapy with her clients.