

Name: Ms. Papia Chatterjee

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Professional Title/Occupation: Play and Creative Art Therapist

Organisation: Self-employed

Address of Organization/Practice: I-1686, Chittaranjan Park New Delhi India

Professional Qualifications:

Montessori Certification in Early Childcare and Education, Montessori Center international, London Bachelor of Arts (History Hons) Lady Shri Ram College, New Delhi

Courses undertaken in Play Therapy:

Post Graduate Diploma in Practice Based Play Therapy
Post Graduate Certificate in Therapeutic Play Practice

Details of any other relevant qualifications/courses taken in the field:

Professional certificate in Mindfulness for therapists, IICP College, Ireland
Working with attachment difficulties in school aged children (Sue Jennings)
ASIST- Certificate in applied suicide intervention skills training, LivingWorks
Certificate in autism spectrum disorder, University of California, Davis

Currently undergoing supervision in current practice: Yes

Ages catered for: 3 to 14 years

Services offered:

Play therapy, creative art therapy, sand therapy, parent counseling, school counseling, individual and group therapy. These services can be offered to children with special needs, suffering from trauma, abuse, experiencing difficulty focusing at school, interacting with peers, depression, anxiety, loss, grief, bed wetting, attachment issues, medical procedures, anger management, family issues like divorce/ separation, low self-esteem, eating and toileting disorder, Autism Spectrum Disorder ASD, Attention Deficient Hyperactive disorder ADHD

Personal Profile:

Having taught for over 20 years in international schools in India, Bangladesh, Czech Republic, Kazakhstan and Ireland I have been very aware of the theory of multiple intelligence and the need to meet the social emotional needs of the children to be imperative for their holistic development.

Training for Play therapy was a natural transition for me as it allows me to help children in their journey of self-awareness and healing in a non-invasive manner. I underwent my play therapy training with Play Therapy International affiliated to the National University of Ireland, Galway. In my practice I consult with parents/guardians and referrer to understand the clients needs and use Goodman's strength and difficulty questionnaire to guide me to plan the therapeutic intervention. Depending on the individual needs the client has access to creative arts, sand, clay work, movement, games, puppets, role play and LEGO as mediums of therapeutic intervention to resolve issues that are of social and emotional in nature. Therapeutic stories and creative visualisation and also offered as part of the intervention process.

I am also registered with Play Therapy International (PTI) and Academy of Play and Child Psychotherapy, UK (APAC)