

Name: Mr. Yong Song Sheng

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Professional Title/Occupation: Accredited Psychologist

Organisation: International Psychology Centre

Address of Organisation/Practice:

11-1-, Wisma Laxton, Jalan Desa, Taman Desa. 58100 Kuala Lumpur

Professional Qualifications: BSc. (HONS) Psychology; M.S. Psychology

Courses undertaken in Play Therapy:

Play Therapy for Children with Special Needs (ongoing)

Details of any other relevant qualifications/courses taken in the field:

Cert (Pastoral Counselling)

Currently undergoing supervision in current practice: Yes

Ages catered for: I work with children and adults.

Services offered:

I offer individual session only. I see children/teenager with the issue of anger management, special needs, social skills, hyperactive, phobia and emotional issues (e.g. anxiety and depression).

I also see adults with depression, anxiety, phobia, Obsessive Compulsive Disorder (OCD), and addictive behaviors.

Personal Profile:

Play is the fundamental to our child's learning and development. As adults, it's important for us to learn the fun and creative way to interact with the kids. Otherwise, it's very hard for us to explore their world and understand their needs. This is my belief, always. In my clinical experience, ironically, I often found that parents don't have ideas how to conduct a fun play with their child. As an outsider, sometimes, I can feel the emotional gap happen between the parent and child. I believe

that the play therapy can bridge the emotional gap and help both of them to understand each other well. Once the relationship is established well, children can play out their inner emotions, release tension and improve self esteem through play therapy.