

Name: Mr. Mammen Thomas

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Professional Title/Occupation: Certified Therapeutic Play Practitioner for the Differently Abled

Organisation:

Address of Organisation/Practice:

Professional Qualifications:

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: No

Ages catered for:

Services offered:

Personal Profile:

With a deep commitment to the emotional well-being of children, I bring a unique blend of technical expertise and compassionate care to my role as a Play Therapy Practitioner. My professional journey began in engineering, where I worked for decades as a GIS (Geographic Information Systems) Engineer and Team Leader. Throughout that time, I developed strong analytical, organizational, and interpersonal skills—qualities that now enrich my therapeutic work with children and families.

My transition into play therapy was inspired by an interest in child development, emotional resilience, and meaningful connection. I have completed accredited training in play therapy and continue to engage in professional development to deepen my practice. I believe play is a child's natural language, allowing them to express, explore, and heal in a way that feels safe and authentic.

In my sessions, I aim to create a warm, trusting environment where children are free to be themselves and work through their experiences at their own pace. I work closely with families and caregivers, supporting them as integral partners in the therapeutic process.

As a member of the Play Therapist Association, I am committed to upholding the highest ethical standards in all aspects of my work. I am fluent in English, Hindi, and Malayalam, which allows me to connect effectively with children and families from diverse backgrounds.

It is a privilege to support children on their journey toward emotional well-being, confidence, and joy through the transformative power of play.