

Name: Jeswin Mariya J

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Contact Number: 8301890193

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled

Organisation:

Address of Organisation/Practice: Bangalore

Professional Qualifications: M.Phil

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled (NAPTI)

Details of any other relevant qualifications/courses taken in the field:

M.Sc psychology

Currently undergoing supervision in current practice: No

Ages catered for: Child and adult

Services offered:

Early intervention for children, learning disability, counselling and psychotherapy, behaviour therapy

Personal Profile:

Jeswin Mariya J is a psychologist with 13 years of professional experience working with children with developmental, behavioural, emotional, and social difficulties. Her work focuses on supporting children through individualized and child-centred intervention approaches that promote emotional wellbeing, communication, learning, and social development.

She has extensive experience in early intervention and works closely with children presenting with developmental delays, autism spectrum disorder, behavioural challenges, emotional concerns, feeding difficulties, social communication difficulties, and school readiness issues. Her therapeutic approach is holistic, combining developmental understanding with practical strategies tailored to each child's unique strengths and needs.

For the past two years, she has been actively incorporating play therapy principles and techniques into her practice. Through play-based interventions, she creates a safe and supportive therapeutic

environment where children can express emotions, build relationships, improve self-regulation, and develop social and communication skills naturally through play. She integrates sensory activities, creative play, structured interaction, and emotional support within therapy sessions to enhance engagement and meaningful learning experiences.

Her practice also emphasizes parent guidance and collaboration, recognizing the important role families play in a child's developmental and emotional growth. With a compassionate and empathetic approach, Jeswin believes in empowering children by helping them feel understood, confident, and emotionally secure while supporting their overall development in a nurturing environment.