Name: Mariam A. Bhinderwala

Email Address: bhinderwalamariam@gmail.com

Contact Number : +91 9920529232

Professional Title/Occupation: MA Clinical Psychologist, Arts Based Therapist, Play Therapist

Organisation:

Founder of ILLUMINATE-The Path To Self-Discovery a Mental Health Service,
School Counselor at St. Mary's High School (S.S.C)

Address of Organisation/Practice:

205, Sterling Towers, next to Mazgoan Court, Nesbit Road, Mumbai: 400010

Professional Qualifications:

MA in Clinical Psychology, Art's Based Therapist (ABT Practitioner)

Courses undertaken in Play Therapy:

Play Therapy Level 1
Completed my 1 year certificate course in Art's Based Therapy (ABT).

Details of any other relevant qualifications/courses taken in the field:

Graphology (Handwriting Analysis)

Currently undergoing supervision in current practice: No

Ages catered for:

Children from 4 years of age to middle age adults with oldest client of 53 years of age.

Services offered:

Cater to a diverse group of children and teens falling into special needs, those exhibiting academic, behavioural, emotional, psychosomatic concerns, trauma, abuse. Even adults displaying psychological concerns such as anxiety, depression, phobias, personality disorder etc.

Personal Profile:

Hi my name is Mrs. Mariam A. Bhinderwala (Unwala). I'm a Clinical Psychologist, Art's Based Therapist (ABT Practitioner), Play Therapist, Doodle Analyst and Graphologist. I believe in the

power of ART and PLAY that it helps to work in various areas which at times traditional counseling can't help. ART and PLAY works on a deeper level, connects to all ages and helps tap on the unconscious levels of mind in a beautiful way and helps to heal. It helps them accept and cope to their various concerns in more creative and out of the box ways and thus helps bring in novelty to deal with common challenges.

I am a self learnt "Doodle Analyst" and have been practicing it from the past 7 years on a freelance bases. "Doodle Analysis" is wherein your random scribbles are analysed and one is told about oneself and their personality traits.