

Name: Monisha P

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Contact Number: 7904474363

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for Children with Special Needs / Physiotherapist

Organisation: Peachtree Rehabilitation Center for Autism

Address of Organisation/Practice:

4/221, pundy tindivanum highway, pattanur, jipmer check post.

Professional Qualifications: BPT, DOMTP

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for Children with Special Needs

Play Therapy for Children with Special Needs

Play Therapy Skills (Special Needs)

Play Therapy Interventions for Differently Abled Children

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: Yes

Ages catered for: 1.5 - 7 years

Services offered:

Physiotherapy and Play Therapy for special needs children (individual and group sessions)

Personal Profile:

I am a healthcare professional with a Bachelor of Physiotherapy (BPT), a Diplomate in Osteopathy, and certification as a Play Therapy Practitioner. I have approximately four years of experience working with children and families in therapeutic and developmental settings.

My practice is centred on supporting children's physical, emotional, behavioural, and developmental needs through a holistic and child-focused approach. I integrate Play Therapy principles into my work to help children express feelings, process experiences, build self-esteem, and develop healthy coping strategies. Through play-based interventions, I create a safe and supportive environment where children can communicate at their own pace and in ways that are natural to them.

I particularly utilise Play Therapy techniques when working with children who experience emotional difficulties, developmental challenges, behavioural concerns, adjustment issues, or social skill deficits. By combining my background in physiotherapy and osteopathy with therapeutic play, I aim to address both physical and psychosocial aspects of a child's wellbeing. This integrated approach helps children improve confidence, emotional regulation, communication, and overall functioning.