

Name: Anupama Ganu

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Contact Number : 9552553733

Professional Title/Occupation: Play Therapist

Organisation: Mind Brain Solutions

Address of Organisation/Practice: MindBrain solutions, Pune , Maharashtra

Professional Qualifications: Masters in Child Development, Mumbai University

Courses undertaken in Play Therapy:

1. Training in Play Therapy By CHUGRAD, Pune (Center for human growth & development)
2. Level 2 CPD Certificate in Play Therapy skills (BordersConnect, UK)
3. Play Therapy for special needs children (Ongoing)

Details of any other relevant qualifications/courses taken in the field:

Member of American Association of Play Therapy

Currently undergoing supervision in current practice:

No (completed 4 years of supervised training)

Ages catered for: Children (3-12 years) & adolescents

Services offered:

1. Play Therapy with children having emotional & behavioral Problems
2. Counseling adolescents
3. Parental counseling
4. Workshops on Play therapy for professionals & students of psychology
5. Workshops for parents on parental skills
6. Conducting group sessions for children teaching life skills

Personal Profile:

I conduct play therapy sessions with children having emotional & behavioral problems in a private clinic as well as in different NGOs , Adoption agencies & Hospital settings. Play therapy is practiced either with individual child or in group setting, depending on the need of the child. I also conduct workshops & offer internships on play therapy for professionals & students of psychology.

I was interviewed for many articles on play therapy in newspapers and magazines. I was also interviewed for a book " Career diaries" where Play therapy as a career option was discussed.