

## **Lucy Bowen, MSc**

### **Play Therapist - National Association for Play Therapy India**



Lucy is a Play Therapist from the UK who relocated to Bangalore following the completion of her MSc in 2014. Since moving to India full-time, Lucy has been working hard to promote this new and exciting therapy throughout the country and promote the vast array of benefits that play has to offer. The National Association for Play Therapy India was established in 2015 in order to provide Play Therapy services, training and research throughout India. Lucy has since branched out and has been the pioneer for Play Therapy in Sri Lanka, Maldives and Bangladesh, hosting their first ever

training sessions in Play Therapy. Lucy also runs a range of online training programmes which draw participants from across the globe.

Lucy has extensively studied child development and psychology, along with child and family therapy, and continues to both review and conduct research in the field. Lucy is part of the International Play Therapy Study Group which includes only 35 select Play Therapists from around the world.

Lucy has worked with children for 15 years in various roles in the UK, Asia and Africa, and specialises in working with those with special needs. She has worked intensively with children, teachers and caregivers and has dedicated her life to helping children reach their full potential, regardless of any physical, mental, emotional or socio-economic disadvantages that they may have.