

**Name:** Mahima Singh

**Email Address:** msj.aries@gmail.com

**Contact Number :** 8130837838

**Professional Title/Occupation:** Early years specialist; child counsellor

**Organisation:**

**Address of Organisation/Practice:** vasant kunj, new delhi

**Professional Qualifications:**

Masters Childhood studies, Swansea University, U.K; M.ed;  
Diploma Guidance & Counselling Ncert, New Delhi

**Courses undertaken in Play Therapy:** Play Therapy Level 1

**Details of any other relevant qualifications/courses taken in the field:**

**Currently undergoing supervision in current practice:** No

**Ages catered for:** Toddlers to age 13

**Services offered:**

Address to social, emotional, personal concerns of children through individual counselling sessions and play therapy.

**Personal Profile:**

Personal, social and emotional counselling is provided to children through individualised counselling session. It takes about 45 minutes for a session. The child is comforted so that she/he is able to express through the use of various play materials as play allows children to use their creativity while developing their imagination, dexterity, and physical, cognitive, and emotional strength. It is through play that children at a very early age engage and interact in the world around them. Use of other techniques like art is included during sessions.