

Name: Japjeet Kaur

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Professional Title/Occupation:

Counselling Psychologist
Therapeutic Play Practitioner for Children with Special Needs
Life Coach and Soft Skill Trainer

Organisation: Self-employed

Address of Organisation/Practice: Patiala, Punjab

Professional Qualifications:

Masters in Psychology
Post Graduate Diploma in Guidance and Counselling

Courses undertaken in Play Therapy:

Play Therapy for Children with Special Needs
Play Therapy Skills (Special Needs)
Play Therapy Interventions for Differently Abled Children

Details of any other relevant qualifications/courses taken in the field:

Intensive training and evaluation on dynamic counselling therapy
Intensive training and evaluation on life coaching
Intensive training and evaluation on soft skill training

Currently undergoing supervision in current practice: No

Ages catered for: Up to age 15 years

Services offered:

Counselling for mental health issues (eg. anxiety, depression, stress), classes on soft skill training, life coaching for daily life problems. Play therapy based individual And group session to children with special needs (autism, ADHD, down syndrome, cerebral palsy, intellectual developmental disorder, learning disability) And special counselling for parents And children with anxiety issues, study fear, And helping parents with coping strategies for special needs children.

Personal Profile:

Being a counsellor and play therapy practitioner I am currently taking online and offline play therapy sessions with children with special needs And providing online

help to parents for learning And getting educated about their child And different coping strategies they can start at home. Along with it I provide counselling services both online And offline for mental health issues And specifically parent counselling. On some days I train people with my classes on soft skill training And life coaching. It's been an opportunity to meet with all the in out & understand their needs and create an opportunity to express/share their grief.