

Name: Nishtha Shah

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Contact Number : +91 9426252627

Professional Title/Occupation: Autism Interventionist, Play Therapist, Special Needs Consultant

Organisation: Braintism

Address of Organisation/Practice:

Pride One, Ground Floor, Akshar Marg., opposite Delta Diagnostics, Rajkot 360001 Gujarat

Professional Qualifications: BSc Psychology, MA Special and Inclusive Education

Courses undertaken in Play Therapy:

Exploring Play - University of Sheffield - Online Programme - 7 weeks

Details of any other relevant qualifications/courses taken in the field:

Understanding ADHD - Current research and practice, Brain Gym , Supporting Adolescent learners : social and emotional wellbeing, Understanding Autism, Understanding Anxiety , Depression and CBT

Currently undergoing supervision in current practice: No

Ages catered for: infants, toddlers, and young children

Services offered:

Play Therapy, Autism Intervention, Special Education, Occupational Therapy, Sensory Integration, Behaviour Modification, Emotion Regulation , Psychotherapy, CBT

Personal Profile:

Graduate member of the British Psychological Society, Member of the Indian counselling association.

As a founder and director at Braintism which provides customised services promoting holistic learning utilising multi-sensory and scientific resources. Each child is intervened on 1:1 basis and individualised educational plan is made for all. Moreover, customised activities and resources are provided to each child as per the need. All the activities highly focus on the skills to be developed and enhanced. Regular progress report is shared with all the stakeholders to know the performance level of the child. Customised home plans are shared with the parents to ensure that the same skills are worked upon in connection to the concerns faced by the child. Braintism fosters inclusion and diversity and positively impacts lives of the individuals