Name: Padmaja Tripathy

Email Address: padmaja.tripathy22@gmail.com

**Contact Number** : 8451947874

Professional Title/Occupation: Counselling Psychologist

**Organisation:** Self Employed

Address of Organisation/Practice: Online Practice

Professional Qualifications: Post Graduation in Clinical Psychology, PG Diploma In Counselling

## **Courses undertaken in Play Therapy:**

- 1.Play Therapy Room
- 2.Play Therapy and Social skills
- 3. Trauma/PTSD and Play Therapy
- 4. Play Therapy and Sexual Abuse
- 5.Play Therapy as a Counselling Tool

## Details of any other relevant qualifications/courses taken in the field:

Have taken lectures on Play Therapy at St.Xaviers college

Currently undergoing supervision in current practice: No

Ages catered for: I work both with children and adults

## **Services offered:**

I follow an eclectic approach in counselling. I offer Play therapy, CBT, Gestalt therapy along with other therapies to address various emotional ,behavioral, special needs, trauma and abuse related concerns.

## **Personal Profile:**

I work as a Counselling Psychologist with over a decade of experience in therapy and Psychological Treatment. I am a certified EMDR practitioner and a Trauma informed therapist. I provide professional counselling and Psychotherapy services for individuals who are willing to work on their emotional and mental health concerns. Have worked with clients across different age groups from diverse backgrounds and have successfully handled umpteen number of cases.