

**Name:** Dr. Shetty Tejal Ravi (PT)

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**Contact Number :** 9834251253

**Professional Title/Occupation:**

Certified Therapeutic Play Practitioner for the Differently Abled

**Organisation:**

**Address of Organisation/Practice:** Mumbai

**Professional Qualifications:** Masters in Neuro Physiotherapy

**Courses undertaken in Play Therapy:**

Certified Therapeutic Play Practitioner for the Differently Abled

**Details of any other relevant qualifications/courses taken in the field:**

**Currently undergoing supervision in current practice:** No

**Ages catered for:** 1 year to 10 years old children

**Services offered:**

Physiotherapy, Occupational therapy, Sensory Integration and Play Therapy. Individual sessions for each child to Neurodivergent children including Autism, ADHD, Children with social communication Delay, Global Developmental Delay, Behaviour issues, Sensory issues, cognitive issues, etc.

**Personal Profile:**

I am a Physiotherapist with specialized expertise in pediatric rehabilitation, child development, and neurodivergent- friendly therapeutic practices. My work focuses on supporting infants, toddlers, and children with diverse developmental, sensory, motor, and neurological needs through evidence-based assessments and individualized intervention plans.

I believe that play is the most natural, meaningful, and effective medium for children to learn, connect, and grow. Play-based therapy is not just an approach—it is the foundation of how I understand a child's world and support their development.

Every child communicates through play. It allows me to enter their world at their level, understand their strengths, and build rapport without pressure or stress. Play therapy makes it possible to target motor, sensory, cognitive, and social goals in a way that feels enjoyable rather than demanding.

I try to create emotionally safe spaces using Play Therapy to reduces anxiety, encourage exploration, and build confidence. I also believe that engaging parents and families in purposeful play routines with

the child at home helps continue progress beyond the therapy room. This joyful participation creates the ideal environment for learning new skills and making meaningful progress.