

Name: Deepthi Nanjappa S

Email Address: deepthinanjappa@gmail.com

Contact Number: 9901318848

Professional Title/ Occupation:

Certified Therapeutic Play Practitioner for Children with Special Needs

Organisation:

Address of Organization/Practice:

Professional Qualifications: BA, MA Psychology (Counselling)

Courses undertaken in Play Therapy:

Play Therapy as a Counselling Tool

Play Therapy for Children with Special Needs

Play Therapy Skills (Special Needs)

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: Yes

Ages catered for: Children between 4 and 7 years

Services offered:

Play Therapy for children with special needs, emotional issues, behavioural problems

Personal Profile:

I have an academic background in Psychology, with a Master's degree in Counselling Psychology, and I am a Certified Therapeutic Play Practitioner for Children with Special Needs. I am currently undertaking an observership at a paediatric intervention centre, where I am gaining practical exposure to working with children with diverse developmental and therapeutic needs through guided observation and mentorship.

My interest in Play Therapy comes from my understanding of play as a child's natural means of communication, expression and exploration. Through my training and current observership, I am developing the ability to observe children's play, behaviour, sensory preferences, interactions and emotional expressions with curiosity and without judgement, while considering what they may be communicating through their play.

During my observership, I observe therapeutic sessions and learn how practitioners facilitate play, support communication and emotional expression, respond to individual needs, and build meaningful

therapeutic relationships with children. I use these experiences to reflect on and deepen my understanding of child-centred therapeutic approaches.

I am continuing to develop my practical skills through mentorship, supervision and further training in Play Therapy. My long-term goal is to support children through a safe, child-centred and play-based approach that respects each child's individuality and provides opportunities for expression, connection, confidence and growth.