

Name: Ms Sonia Jaitly

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Contact Number : +918468882020

Professional Title/Occupation: Psychotherapist

Organisation: Orane Kids School an initiative of Udyati Kalyan Samiti

Address of Organisation/Practice:

Flat 656, 2nd Floor
Mall Road, Sector 29
Noida - 201301

Professional Qualifications:

MSc Psychotherapy,
Diploma in Special Education (ASD),
MA Journalism and Mass Comm,
BA English Hons

Courses undertaken in Play Therapy:

Play Therapy Level 1

Details of any other relevant qualifications/courses taken in the field:

Structured Teaching (TAP1, TAP2, TAP3),
The Brain Gym 26,
PECS Level 1,
SoSAFE,
Reading Workshop with Natalie Hale

Currently undergoing supervision in current practice: No

Ages catered for: 3-25

Services offered:

Counselling, education, vocational training

Personal Profile:

A psychotherapist by qualification, Sonia uses her grasp on the human psyche to help leaders develop new people skills; learn methods of delegation that is person specific. All of which have shown to have encouraging effects on issues such as Attrition, Productivity, Absenteeism etc. Her desire to reach out to people has motivated her to learn the nuances of psychotherapy - Sonia holds a Master's Degree (in Counselling and Psychotherapy). Over years Sonia has helped people gain insight into their feelings, change behaviours, resolve problems and learn how to deal with feelings like stress, grief, loss, fear and sadness.

Sonia also holds a degree in Special Education (Autism Spectrum Disorder). She has trained at the premiere institute AFA, Action for Autism.

Sonia is certified from AACTION AUTISM, Chicago, USA. She also holds the rare distinction of being one of the few to be TAP level 1 and level 2 and level 3 certified in the sub-continent.

Sonia often says:

“I am NOT against Autism, I am not on a crusade to try and defeat it! I am just pro finding solutions for individuals who have Autism, solutions that will help them satisfy their potential”

It is with this objective, Sonia has set up three schools to date.

On 2nd July 2012, Sonia founded Orane Kids, school for individuals with special needs.

Sonia's indomitable spirit finds expression rallying for the rights of individuals with Autism and collaborating with like-minded parents to set up more services and schools for Autism.