

Name: Keerthika S Viswanathan

Email Address: keerthikavs@gmail.com

Contact Number : +44 7572686049

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled / Outdoor Educator

Organisation: Self-Employed

Address of Organisation/Practice:

Professional Qualifications:

Therapeutic Play Practitioner for Differently Abled, Level 3 Forest School Practitioner

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled

Details of any other relevant qualifications/courses taken in the field:

Level 3 Forest School Practitioner

Currently undergoing supervision in current practice: No

Ages catered for: 3-11 years

Services offered:

Therapeutic play sessions, Forest School sessions, group session, one-one sessions for challenging behaviour, separation, anxiety, emotional issues. etc

Personal Profile:

Analysing and assisting the stage of the child's play and connect with them through appropriate tools.

Provide various resources to help them have the time enjoying themselves.

Providing consistent sessions to develop trust and a space to channel their emotions.

Understand the root cause of the behaviours and assist them to have a positive experience in social setting.

Provide an environment to thrive in a holistic way in all aspects of development such as confidence, resilience, emotional regulation, adaptability, flexibility and creativity.

Overall, I curated the outdoor and play therapy practice in various activities where children can have the most memorable experience while developing their life skills.