

**Name:** Bindu Malik

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**Contact Number :** 9891400471

**Professional Title/Occupation:** Heritage International Experiential School Primary Programme Counsellor

**Organisation:** Heritage International Xperiential school Gurugram

**Address of Organization/Practice:**

**Professional Qualifications:** MA PSYCHOLOGY

**Courses undertaken in Play Therapy:**

Play Therapy for Children with Special Needs  
Play Therapy as a Counselling Tool

**Details of any other relevant qualifications/courses taken in the field:**

Course on Colour and Reiki therapy from **Udemy**.

**Currently undergoing supervision in current practice:** No

**Ages catered for:** 4 to 6+

**Services offered:** Counselling

**Personal Profile:**

My journey as an educator started from a very young age when I was not even aware of the fact that I was taking care of young children.

During my school days, my educators would love sending me to Nursery classes during break time to monitor them as I connected very well with the children. Whenever anyone asked me what I would like to be when I grow up, my reply would always be 'A Teacher'. As I am a product of Convent of Jesus and Mary, I have always held teachers in high esteem. I completed my NTT just after finishing my 10th. Later I pursued the twelfth grade and graduation. However, I was already teaching by then in a school in my hometown, Mussoorie.

Coming to my guardian angels, my parents, especially my Father who always stood by me like my backbone, he is my 'Guru' he supported me unconditionally in my journey and my mother, my first teacher has been a great source of perseverance and never give up attitude. She always stands by me and is my support system.

The journey continued, I was married in Delhi and along with becoming a mother of two beautiful daughters I gave birth to my third child, which was born of my heart. My little school 'Tiny Buds'. For 14 successful years, we all blossomed together, by then my daughters were older and were spreading their wings, I also took this opportunity to explore as I did not want to stagnate. There was an urge to learn and implement new teaching-learning methodology into my school. One fine sunny morning, this urge of mine brought me to 'The Heritage School' then known by this name. I was selected through 'KHOJ' and I never looked back.

My 14 years journey has been not been easy but yes it enabled me to open my outlook and broaden my horizon towards education. It has instilled in me belief in self and constantly evolving is a key to life. My passion for teaching allows me to love my profession, and be what I am today. I am proud to be a part of the profession that creates all other professions. It's been an enriching experience to be on this journey with my fellow teachers because together we have the priceless opportunity to impact, influence and inspire the future of our world.

I am compassionate, caring, hard-working, creative and organized, proactive by nature. I have an understanding of various aspects of progressive learning. I am proficient in handling challenges, have the ability to manage people and pressure while working in a group while coordinating an event. I have gone through many workshops and training and have got enriching experiences. Waldorf education in theory and practice and curriculum, SID school in Mussoorie, Riverside (Geet Sethi) school in Ahmadabad,

Mirambika of Mother International School, Art workshop by Van James, Prerana Waldorf School, Hyderabad, Workshop on grades and curative and Workshop in Chennai IRA Institute, Dr. V.S. Ravindran(psychologist)on parenting and childcare, Dr. Himangshu Das, "Inclusive Education: Operational Strategies" are a few of them.

I also upgraded my qualification by studying Psychology and completed MA psychology as a self-study to understand the behavioural problems in young children which are increasing by the day. In the house, training has been an ongoing process where team building, holistic development of children and integration working with collaboration have been the key features.

My connect with IAAT is from the last five years and I have trained Resident Teacher's who are doing very well in the education field?

I have been a JP counsellor for Nursery-Kindergarten. I took care of children's situations with maximum care and attention in a fast-paced organization to help children achieve their goals through dedication and the belief that I will be able to make positive changes where the need be with the help of Play therapy.

Now I am a part of Heritage International Xperiential school as a counsellor for grades from Nursery to grade 3 from 2020.