

**Name:** Shreya Bhardwaj

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**Contact Number :** +91-7206201585

**Professional Title/Occupation:** Developmental Psychologist & Therapeutic Play Practitioner

**Organisation:** Giggles and Grins: A Cottage of Learning and Play

**Address of Organisation/Practice:** Faridabad, New Delhi & Gurugram

**Professional Qualifications:**

M.Sc Developmental Psychology, Lady Irwin College, University of Delhi

Certified Therapeutic Play Practitioner for Children with Special Needs (NAPTI)

**Courses undertaken in Play Therapy:**

Play Therapy for Children with Special Needs

Play Therapy Skills (Special Needs)

Play Therapy Interventions for Differently Abled Children (by diagnosis)

Play Therapy as a Counselling Tool (Ongoing)

**Details of any other relevant qualifications/courses taken in the field:**

Certification in Early Childhood Care and Education

Trained in Assessment and Intervention for Dyslexia, Dysgraphia and Executive Functioning Training in Multi-Sensory approach to Phonics

**Currently undergoing supervision in current practice:** Yes

**Ages catered for:** 3 years to 18 years

**Services offered:**

1:1 Play therapy sessions, Group therapy sessions to cater to Diverse Needs of Children and Adolescents. Functional Assessments for children and Adolescents; ADL sessions; 1:1 Remedial Education Sessions for Children with Learning Difficulties. 1:1 Counselling Sessions for Children and Adolescents; Childrearing Mentoring for Parents

**Personal Profile:**

Ms. Shreya Bhardwaj is a Developmental Psychologist and Therapeutic Play Practitioner with 3.5 years of experience working with Children and Adolescents of Diverse Developmental Needs. She has worked with various clinics, hospitals and schools. Her main modalities during Therapeutic Interactions are Play, Art and Storytelling. She has worked with children and Adolescents of Various Developmental Abilities and Concerns. She is a strong advocate of Play, Early Learning and Early Intervention. She has conducted various training Programs and Workshops for Parents, mentoring them about how Parents can engage in Developmentally-Informed Play Practices at Home to facilitate all round development of children. She is very passionate about Research and has presented various Research Papers in UGC Funded Conferences. She enjoys the Company of Children and Adolescents and believes in Reflective Listening and Providing Unconditional Positive regard to her clients.