

**Name:** Dr. Ammu Elizabeth Alexander

**Email Address:** ammu.eliz.3012@gmail.com

**Professional Title/ Occupation:**

Rehabilitation Psychologist (RCI Licensed),  
Early childhood Educater,  
Ph.D in Autism Spectrum Disorder

**Organisation:** CHRIST (Deemed to be University). Private Practice

**Address of Organization/Practice:**

Dharmaram College Post,  
Hosur Road, Bengaluru -  
560029, Karnataka, India

**Professional Qualifications:**

Ph.D specializing in Autism Spectrum Disorder, M. Phil (Rehabilitation Psychology, RCI),  
MSc (Applied Clinical Psychology), Diploma in Early childhood care and education,  
Foundation course on education of children with Specific Learning Disorder (RCI),  
Behaviour Modification Specialist.

**Courses undertaken in Play Therapy:**

Play Therapy for Children with Special Needs

**Details of any other relevant qualifications/courses taken in the field:**

Certificate Course on Autism Spectrum Disorder.  
Internationally licensed Emotional Freedom Therapist.

**Currently undergoing supervision in current practice:** No

**Ages catered for:**

10 years [ 3 years- 2 year to 5 year old children with ASD, 7 years- 3 years to 20 years]

**Services offered:**

Habilitation and Rehabilitation of individuals with special needs, Behaviour modification,  
Developmental therapy, Parental Guidance and Counselling, Educational Training for children with  
Specific Learning Disorders, Early childhood care and education, Parent training for cognitive, social  
and emotional skills, Play Therapy. All sessions are individual sessions or parent training sessions.

Online sessions are also undertaken for parent guidance [Group training is not undertaken at the moment].

**Personal Profile:**

Working with individuals with special needs has been my area of passion since the first day I met one of them. Today, I am a certified Rehabilitation psychologist, specialized in Disability rehabilitation, licensed by the Rehabilitation Council of India and completed my PhD, further specializing in autism spectrum disorder. My Post Graduation was on Applied Clinical Psychology. Apart from these I have completed Diploma in Early childhood care and education, courses on education of children with specific learning disorders, Autism spectrum disorder and Counselling. I also work as Assistant Professor in a reputed University.

I have been working with individuals with special needs for 10 years. Various publications were also contributed on different aspects associated with children with special needs and effect of available interventions for them. I have incorporated play therapy into practice, as I could witness significant improvements in children through child directed play activities. Though I utilized play work, developmental therapy and behaviour modification techniques, through my practice, Play therapy had a different effect on CWSN and it has been wonderful to witness the growth of the children. Therefore, based on the diagnosis, severity of the condition, parental assent and personal judgement, a decision on what kind of therapy is most suitable for an individual is decided and proceeded with.