

**Name:** Suparna Chakravarti

**Email Address:** suparnacs21@gmail.com

**Contact Number:** +919819012299

**Professional Title/ Occupation:**

Certified Therapeutic Play Practitioner for the Differently Abled  
Expressive Arts Therapy Practitioner (EAT-P)

**Organisation:** Consultant at Therapeutic Tapestry Pvt. Ltd (Formerly Doctor Drama)

**Address of Organization/Practice:**

Regd. Address: 1102, PT 397, Devarti Building, Narayan Pathare Marg, Shitladevi Mandir Road, Mahim West, Mumbai-400016

**Professional Qualifications:**

P.G. Diploma in Expressive Arts Therapy (St. Xavier's College, 2022),

Diploma in Narrative Practices Nepal (NPI collective, 2023)

**Courses undertaken in Play Therapy:**

Certified Therapeutic Play Practitioner for the Differently Abled

**Details of any other relevant qualifications/courses taken in the field:**

Intensive Course in Art Therapy workshop by Dr. Jonathan Isserow (The Secret Ingredient, Pune)

**Currently undergoing supervision in current practice:** Yes

**Ages catered for:** Children and Adults

**Services offered:**

Expressive Arts Therapy- Individual sessions Online (Social- Emotional skills, Exploration and Self-Expression, Well-being and Development), Group Workshops & Spaces Hybrid

**Personal Profile:**

Suparna is an artist and expressive arts therapy practitioner. She believes in the therapeutic potential of Expressive Arts, Play, and Narrative Practices in facilitating change. Employing a Person-centered and process-focused approach, they create supportive spaces that foster individual learning, expression, and overall well-being. She has experience working one-on-one with children at a school and online with diverse groups. As a student trainee, she utilized the arts to facilitate exploration, self-understanding, and skill development. She has also facilitated Social-Emotional learning sessions for adolescents in group and individual settings.