

Name: Rajini Kadam

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Contact Number: 7757004733

Professional Title/Occupation: Psychologist, Counselor

Organisation:

Address of Organisation/Practice: Ahmednagar, Maharashtra

Professional Qualifications:

Msc, Psychology / Certificate course in counseling & guidance/ PG Diploma in Clinical and Counseling Psychology/ Play Therapy as Counseling tool

Courses undertaken in Play Therapy:

Play Therapy as a Counselling Tool

Details of any other relevant qualifications/courses taken in the field:

- ABCs of Parenting-Everyday Parenting/ Coursera
- Psychometric testing, Behavior Assessment

Currently undergoing supervision in current practice:

Ages catered for:

- Counseling children of age group 5-15 years
- Parenting skills for young parents
- Adolescent Counseling
- Adult Counseling

Services offered:

- I offer services in Play Therapy, Counseling, for children, adolescent and adult both in individual and group settings.
- Stress management training in individual and group settings as well as in corporate.
- I conduct child development training which covers development of a child from 0-5years, neurodevelopment disorders, stimulating intelligence in children and parenting skills.
- The areas that I have worked in are emotional distress, behavioral problems, social skills, self-esteem, stress management, anxiety.

Personal Profile:

I am a Psychologist with varied experiences in HR and Education industry. I work with both children and adults for stress management, behavior modification, parenting skills for young parents, and emotional distress.

Integrating Play therapy in my counseling sessions has helped to build a valuable bond with a child at a faster rate. I found it adds variety and is interesting for the little clients, making it easier to open their hearts. The various modules of Play Therapy, like storytelling, role play, and creative art, have been energizing, engaging, and an enriching experience for both myself and the child.