

Name: Mrs. Anagha P. Atgur

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Contact Number : 9604989217

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled /
Psychological Counsellor, Psychotherapist

Organisation: VitaMind Family wellness Center

Address of Organisation/Practice: Pune

Professional Qualifications:

M.A. in counselling psychology, CBT (anxiety, stress etc) from Beck Institute, USA

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled

Details of any other relevant qualifications/courses taken in the field:

Completed many courses and workshops on various psychotherapies such as - REBT, CBT, Play therapy, ACT etc

Currently undergoing supervision in current practice: No

Ages catered for: All age groups except 60 years and above senior citizens

Services offered:

Individual and group counselling and psychotherapy sessions, soft skill trainings in corporates, working as a faculty for counselling psychology diploma level courses.

Personal Profile:

I am passionate to work in this mental health field. I love my work as healer, facilitator, teacher, faculty etc .. I feel very happy when i see smile on client's face. Empowerment of coping skills in clients gives me very much satisfaction.