

**Name:** Ms Sumita Pandey

**Email Address:** sumitapandey17@gmail.com

**Contact Number :** 9990775974

**Professional Title/Occupation:** Special Education Teacher

**Organisation:** The British School, New Delhi

**Address of Organisation/Practice:** Chanakyapuri, New Delhi

**Professional Qualifications:**

Bachelors in Rehabilitation Therapy, Master in Counselling Psychology,  
B.Ed. Special Education (Learning Disability)

**Courses undertaken in Play Therapy:**

Play Therapy for Children with Special Needs and Play Therapy Skills (Double Certification)

**Details of any other relevant qualifications/courses taken in the field:**

**Currently undergoing supervision in current practice:** No

**Ages catered for:** Children (3 years to 15 years)

**Services offered:**

Special Education and Counselling to students with special educational needs and their parents.

**Personal Profile:**

I am a passionate and dedicated special education teacher with 11 years of invaluable work experience (certified Rehabilitation Professional by RCI), specializing in supporting students with special educational needs. I wholeheartedly believe in the power of education to transform lives and have made it my mission to create an inclusive and nurturing environment where every student can thrive. My journey in special education has been deeply rewarding as I witness the growth and development of my students, both academically and emotionally. Through my years of experience, I have developed a deep understanding of various learning disabilities, behavioral challenges, and developmental disorders, allowing me to tailor my teaching strategies to meet the unique needs of each student. I am well-versed in creating individualized education plans (IEPs) that address specific goals and objectives, and I collaborate closely with parents, caregivers, and fellow educators to ensure a comprehensive support system. My classroom is a place of compassion, patience, and respect, where I foster a sense of belonging and empower my students to reach their full potential. I continuously seek professional development opportunities to enhance my skills and stay abreast of the latest research and best practices in the field. As a passionate advocate for inclusive education, I actively participate in

workshops, conferences, and community initiatives to promote awareness and acceptance. Witnessing the progress and achievements of my students fuels my passion and reaffirms my commitment to making a positive impact on their lives. I am truly grateful for the opportunity to contribute to the growth and success of students with special educational needs, and I am excited to continue making a difference in their lives for years to come.

Integrating play therapy into special education can be a highly effective approach for supporting students with special educational needs. By incorporating play therapy techniques, I can create a therapeutic and engaging environment that fosters growth, development, and emotional well-being. Here are some ways you can integrate play therapy into your special education practices:

1. Create a Playful Environment
2. Individualized Play Sessions: Conduct one-on-one play sessions with students, tailoring the activities to their specific needs and goals.
3. Therapeutic Play Groups: Organize small play groups where students can interact with their peers in a structured and supportive setting. Facilitate activities that promote social skills, communication, cooperation, and conflict resolution. This can help students develop interpersonal skills and build positive relationships.
4. Emotional Regulation and Self-awareness: Use play therapy techniques to help students identify and express their emotions. Incorporate games, art activities, and role-playing exercises that allow them to explore and communicate their feelings. Teach them coping strategies and self-regulation techniques through play.
5. Incorporate Play into Learning: Integrate play-based activities into academic lessons to make learning more engaging and enjoyable. Use educational games, manipulatives, and interactive materials to reinforce concepts and skills. This can help students with special needs stay motivated, increase their attention span, and enhance their overall learning experience.

I strongly believe that Play therapy can provide a supportive and inclusive framework for promoting emotional well-being, social skills, and academic growth in students with special educational needs.