

Name: Mrs.Nisha Sachdeva

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Contact Number : 09511825718/ 09765823161

Professional Title/Occupation:

Certified Therapeutic Play Practitioner for the Differently Abled
Founder and Early Childhood Educator

Organisation: Bubbles The Preschool and Daycare

Address of Organisation/Practice:

Rohan Abhilasha, B1-105, Lohegaon-wagholi Road, Pune. Maharashtra -412207

Professional Qualifications:

B.sc Microbiology+ Pharmaceutical Chemistry, MBA (Advertising and Marketing),
Diploma in Child Psychology

Courses undertaken in Play Therapy:

Certified Therapeutic Play Practitioner for the Differently Abled

Details of any other relevant qualifications/courses taken in the field:

Currently undergoing supervision in current practice: No

Ages catered for: 6 months -7 years

Services offered:

Education/ Child Care Counsellor/Preparatory school/ Also working with kids seeking Socioemotional skills and Behavioural issues.

Personal Profile:

Personal Profile – Nisha Sachdeva

Founder and Educator, Bubbles – The Preschool & Daycare

As the founder of Bubbles – The Preschool & Daycare, I am dedicated to creating a nurturing and engaging environment that supports each child's holistic growth. With professional certifications in Phonics, Play Therapy, and Early Education, I have developed a strong foundation in understanding how play fosters emotional, social, and cognitive development.

In my current role, I lead curriculum design, teacher mentoring, and program implementation for preschool and daycare learners. My educational approach centres on experiential and play-based learning that nurtures creativity, confidence, and emotional well-being.

Through Play Therapy principles, I aim to enhance children's emotional expression and resilience by incorporating therapeutic play into daily classroom activities. This involves creating safe, expressive spaces and guiding educators to respond to children's emotional needs with empathy and awareness. By blending education with therapeutic understanding, I strive to build confident, self-aware learners equipped for lifelong growth and positive relationships.